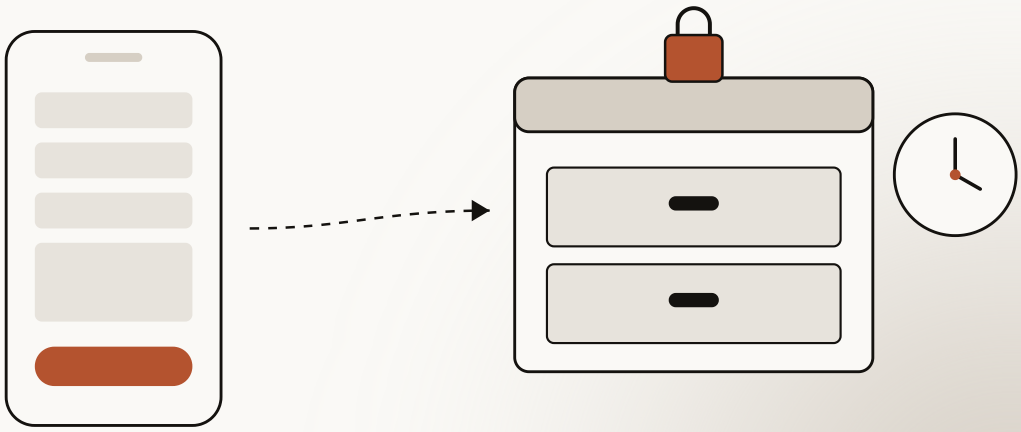


THE FORM

LOCKED, DELETED ON TIME

# Claude Code for Non-Developers: build an intake form that keeps personal data safe

Have Claude Code build an online intake form with an appointment request: stored in the EU, readable only by your team, deleted on your schedule, and checked, attacked and tested before a single patient uses it.

CUSTOMER BOOKING/INTAKE APP EDITION · FREE SAMPLE

## About this guide

| | |
|---|---|
| GUIDE | Claude Code for Non-Developers: build an intake form that keeps personal data safe |
| EDITION | Customer booking/intake app |
| VERSION | 1.0 · last tested November 2026 |
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This free sample contains chapter 01. The full guide has all 7 chapters, plus the prompt library and the checklist.

**The promise.** Over a weekend, Claude Code builds an **intake form with an appointment request**. Requests are **stored in the EU**, **only your team can read them**, and they're **deleted automatically**. Before launch you run the **ship-it-safely routine for personal data**. Not a medical device; you check, Claude writes the code.


**Licence.** This is a free sample. You are welcome to share it as it is.


**Examples.** Fysio Lindenkade, its staff and its patients are fictional; every test request was made up. The build is real: on 17 November 2026 a separate Claude Code session built it from these prompts, and it was tested live on Cloudflare and deleted again.

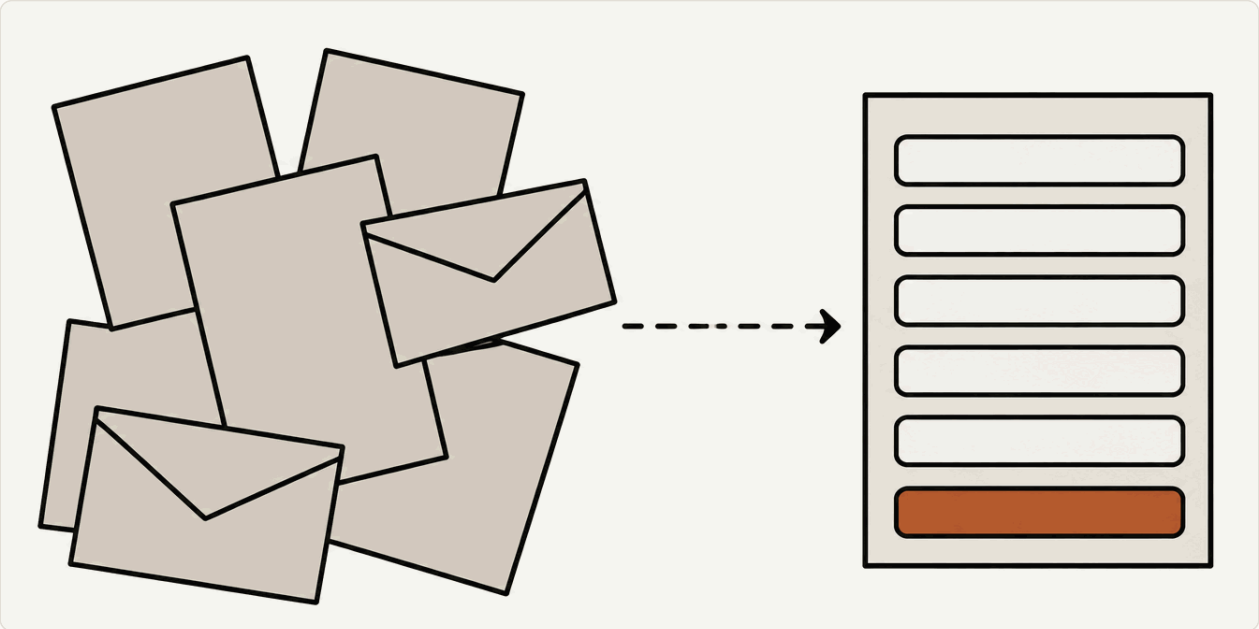
**Tools change.** AI products update often. If a screen looks different from the one described, the method still applies; owners get free updated versions in their library.

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CHAPTER 01

# From email and paper to a safe form: is Claude Code right for this one?

New patients send their details by email, or fill in a paper form at the desk. Both work, until you ask where those details are now, who can read them and when they'll be gone. This guide has Claude Code build an online intake form with an appointment request, stored in the EU, readable only by your team, and deleted on a schedule you set. First, though, check whether you should build it at all.



| | |
|---|---|
| YOU'LL HAVE | A go or no-go for your own form, and a clear line it will never cross |
| TIME | 20 minutes |

## Why intake by email and paper goes wrong quietly

An intake email lands in a shared inbox, gets forwarded to a phone, and stays there for years. A paper form sits in a tray, then in a folder, then in a box. Nobody decides to keep it; nobody decides to delete it. For a practice, those details are often **health data**: even a one-line complaint next to a name says that this person is seeing a physiotherapist.

The European privacy law, the GDPR, asks four things of anyone who handles health data, and this guide builds each one in:

- **Collect only what you need** (Art. 5(1)(c)). Chapter 3 drops seven fields from our form.
- **Keep it no longer than you need** (Art. 5(1)(e)). Every request deletes itself.
- **Protect it as well as the risk asks** (Art. 32). Health data is a special category (Art. 9), so the inbox is locked twice.
- **Report a breach within 72 hours** (Art. 33). Chapter 5 gives you the plan for the first hour.

! NOT A MEDICAL DEVICE, AND NOT LEGAL ADVICE

This guide builds a form that **stores and passes on** what a patient types, for a person to read. The EU's guidance on medical software, MDCG 2019-11 Rev.1 (June 2025), says software may be a medical device when it acts on the data "beyond storage, archival, communication, simple search" for the benefit of individual patients. So our form **never scores, triages, flags or advises**. If you want it to, stop and get regulatory advice first. The legal points in this guide use the Dutch rules as an example. They're general information, not legal advice: check them with your adviser or professional association.

## Is building your own the right choice?

| IF… | USE… | WHY |
|---|---|---|
| Your practice software has online intake or booking | That module | The details go straight into the patient record. Nothing to retype, nothing extra to secure |
| You'd rather rent than build | A form service built for healthcare | Pick one that stores data in the EU and signs a data processing agreement |
| Patients should pick a free time slot themselves | A booking tool, or Guide 2's booking edition | Live calendars, double bookings and reminders are a product of their own |
| You want your own questions and rules, data in the EU only your team can read, deleted on your schedule | **A form built with Claude Code: this guide** | You decide every field, every rule and every deletion date |

Ask Claude before you decide. It doesn't try to sell you a build.

**PROMPT 1.1 · IS AN INTAKE FORM THE RIGHT TOOL FOR ME?** COPY · PASTE · FILL THE MARKED PARTS

```
I run your practice, e.g. a physiotherapy practice with three physiotherapists. New patients now how intake works today, e.g. email us their details or fill in a paper form at the desk: name, contact details, their complaint and when they can come. I'm thinking of having Claude Code build an online intake form with an appointment request, which we then confirm by phone. Tell me in plain words: is that a good job for Claude Code, or would my practice software, a form service or a booking tool do it better? Where would a form like this start to count as a medical device? What could go wrong with patients' details, and what would you need from me to build it safely?
```

Ours answered in 30 seconds, in a fresh session, and its first line was: "Use your practice software or a booking tool first." A custom form, it said, makes you responsible for everything after a patient presses send: where the details end up, who can read them, how long they're kept, and keeping it secure for years. It drew the medical-device line where we do: a form that passes details to a physiotherapist who makes every clinical decision is an administrative tool, while ranking patients by urgency or suggesting a diagnosis moves towards a medical device.

Build it yourself when the other routes don't fit, and when someone will look after it afterwards. Chapter 6 shows the routine that keeps it safe once it runs.

## What you'll build

Two separate apps on Cloudflare, sharing one database in the EU:

- **The public form** can only **add** a request. It has no code that reads one back, so a mistake there can't leak anything.
- **The private inbox** is where your team reads requests. It's locked as a whole with Cloudflare's sign-in, which emails a one-time code, and it checks that sign-in again itself. It records who opened which request and when, and deletes every request on schedule.

Nothing on the form loads from another company, and nothing a patient types ever goes into a log or an email.

## The route

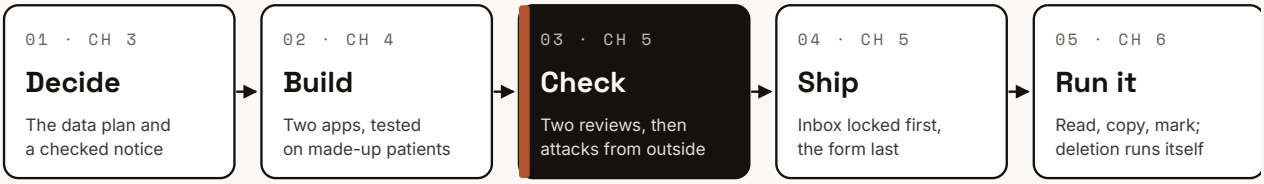



**Fig 1.1** The five steps of this guide. Nothing goes online until the checks in step 4 are done

- [ ] You've checked whether your practice software already does online intake.
- [ ] Your form only collects and passes on details; it never scores, triages or advises.
- [ ] You know who will look after it once it's live.
- [ ] You'll test with made-up details only, never a real patient's.

WHAT NEXT

# Get the full guide

You've read the first chapter. The full guide takes you through all 7 chapters of the build, step by step, with every prompt ready to copy and a checklist to work from.

02 **Set up safely**
The app, a folder that never holds a real patient's details, and house rules for personal data.

03 **Decide what you collect, and why**
A data plan by interview, a privacy notice drafted from it, and a fresh session that checks both.

04 **Build the form and the private inbox**
A plan you approve, two apps built step by step, and made-up patients replayed after every step.

05 **Ship it safely: the personal-data routine, run for real**
Two reviews, then the safe order: the inbox locked before it holds anything, the form last.

06 **Run it**
A daily routine, a weekly look at who opened what, changing a field safely, and when to stop.

07 **Troubleshooting**
The snags we hit, and the ones you're most likely to hit.

SEE THE FULL GUIDE

neurova-ai.com/guides/claude-code-for-non-developers/booking-app/